

Visiting a Retirement Community?

Ask the right questions

There is a lot to consider when making the move to retirement living. Use this list to help you get the answers you need to decide which community is right for you.

Security

- Is the building secure? Is there a front desk concierge?
- Is there a back-up generator in the event of a power outage?
- Are there 24/7 health staff on site?
- Are there 24/7 emergency response systems in suites and common areas?

Dining

- Are meals prepared fresh daily?
- Are there special diets available for allergies or health requirements?
- How often does the menu change? How many options are available?
- Can I sit where I like?
- What are the dining room hours? Can I enjoy meals when I like?

Wellness

- Is there a fitness centre?
- Are activities provided for a variety of physical capabilities?
- Does the community have a wellness program?
- Is there a recreation team on site to support my wellness goals?

Suites

- How many appliances are there?
- Is there an emergency response system?
- Are there laundry facilities in my suite or on the same floor?
- Are the washrooms accessible (walk-in shower, grab bars)?
- What's included with my suite (utilities, communications services)?
- Can I furnish the suite how I like (paint colours, curtains, wall hangings, etc.)?

